



# SpeakingOut News

September/October 2011

SpeakingOut

against Child Sexual Abuse, Inc.

[A 501(c)(3) Non-Profit Organization]

“Speak up for those who cannot speak for themselves...”  
Proverbs 31:8

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## Child Sexual Abuse Awareness & Prevention

We also Touch on Healing!

### SpeakingOut on Behalf Of

All Children who have ever been (Child & Adult Survivors), are being or will be sexually abused.

### Primary Purpose

Raise Awareness on Child Sexual Abuse in an effort to Aid in the Prevention of this Horrific Crime

### Vision

Raise Awareness all Across America

### Primary Focus

On the Home (Parents & Grandparents)  
“Child Safety begins at Home”

### Other Focal Points

Churches, Daycares/Caregivers, Schools, Healthcare Professionals & Anyone who works with/around Children

### Available For

Speaking Engagements  
CSA Awareness/Prevention Workshop called “A Safe Place”  
Information Table Set Up

### Presented From

A Parent’s Perspective and in some areas, a Survivor’s Perspective

**America... A Safe Place for Children!**

## Featured Corporate Sponsor of the Month



Thank You for Your Support! Helping us continue on with our Mission & Vision... Child Sexual Abuse Awareness & Prevention all across America! CG Services, you are a big part of the reason we are able to continue SpeakingOut on behalf of all children who have ever been (child & adult survivors), are being or will be sexually abused. Sincerely!



## Innocence is NOT Lost...it's Stolen

I recently overheard a conversation in which someone said... "That's a shame. That poor, little boy lost his innocence." A child who had been sexually violated by someone the child knew was the subject of the conversation. Hearing it put that the boy "lost his innocence" really stopped me in my tracks. It was so clear and I was reminded that a child does NOT lose their innocence when they are sexually violated. It's not the same thing as a child losing a shoe or a toy. When a child is sexually violated in any form, their innocence is STOLEN from them... whether by an adult or even an older child. It takes a conscious effort on someone's part to rape, molest and/or exploit a child.

I was also reminded by hearing this conversation that how we say things when addressing the topic of Child Sexual Abuse makes a huge difference in how what happened to the child is perceived. We need to tell it like it is and not downplay or try to be politically correct about these matters. That will not help the multitudes of children being violated every day. We need to speak Truth & Reality by speaking bluntly to the severity of this crime committed against the most innocent of all victims... Children. What Child Sexual Abuse really is...

### **Rape / Incest / Molestation / Exploitation of Children**

More Truth & Reality... Children of all ages (from Birth to 17 Years of Age) are being violated every single day in this country. Please understand that although it is impossible to fathom for most of us, even infants are being molested & raped. What could possibly be going through a person's mind in order for them to do such a thing to a baby, or a child of any age for that matter? How perverted!



Because SpeakingOut against Child Sexual Abuse, Inc. exists to be a voice for children, as well as a voice for adult survivors of childhood sexual abuse, there have been many times that I have been told by others that Child Molesters / Child Rapists are people too. I have also been told repeatedly that these same people have rights too. I find myself shutting down to those ideas... because all I can see is what they did to a child or children. The safety of children is SpeakingOut's # 1 priority.

I would like to clarify that when we say we are "SpeakingOut on behalf of all children who have ever been (child & adult survivors), are being or will be sexually abused", we mean that SpeakingOut represents those who are "Non-Offending Survivors of Childhood Sexual Abuse". We understand and agree that most who violate children were they themselves violated as a child. And no child should have to go that. However, like with everything else in life, each of us have choices to make. We can either break harmful cycles or we can harm others by repeating behavior that was taught to us. Everything in life is a choice. Once a person chooses to sexually violate a child, they become that person we are SpeakingOut against. In summary, we represent "Non-Offending" Adult Survivors.

***Susan Suafoa-Dinino***

***President/Founder of SpeakingOut against Child Sexual Abuse, Inc.  
Mother of 2 Wonderful Sons & Grandmother of a Precious, 6 Week Old Grandson***

# Message to Adult Survivors

**Don't be a Victim any longer... BE A SURVIVOR!**

**It was NOT YOUR FAULT...**

Regardless of how old you were, regardless of how long it went on & regardless what your Abuser or anyone else has ever told you, it was not your fault. You were a CHILD! We believe a Child is a child from birth to 17 years of age. You were taken advantage of by someone in Authority over you.

And the only shame in that is that of your Abuser.

**YOU MUST BELIEVE THIS WITH YOUR WHOLE HEART!**

There was nothing that you did to cause your abuse. There was nothing wrong with you why you were picked out. It is as simple as this... Your Abuser either had access or gained access to you. The molesting & raping of children is their (the abuser's) issue; a choice they made. You did nothing wrong. So when you question why you, why you may not have told anyone or why you didn't or couldn't stop them, remember that you were just a Child.

**YOU CAN DO MORE THAN JUST SURVIVE!**

**Reveal the Truth...** Uncover the crime committed against you when you were a child. Don't keep it a secret any longer. There's no shame in it for you, regardless of how it may feel. Again, you were under the age of 18...a child... an innocent victim. **But that doesn't mean that you have to remain a Victim for the rest of your life.**

**Talk About It...** There is healing in being able to talk about the violation you endured as a child. Find that person or group that you feel safe with & trust to discuss your abuse openly. The purpose is to face what happened & move forward. Because of the sensitivity of this topic, if you fail to find that right person/group at first, try again. There are people out there that are willing to listen. **You are not alone.**

**Seek Professional Help (If Needed/As Needed)...** Counseling, Support Group, Therapy, etc... You can also do your own research to find the right avenue for you. For example, you may want to talk to your local Pastor about resources in your area.

**Do Something About It...** Get Involved in the fight against Child Sexual Abuse; whatever that means for you. Help break the cycle.

**Truly Heal, Overcome, Conquer...** The act of sex was created by God as a beautiful thing for a husband and wife. However, society (people) have misused sex & distorted it in just about every possible way. One of these ways is by Raping, Molesting & Exploiting Children. Sexual acts were never intended to be used as a weapon against anyone, especially innocent children.

***"The World is a dangerous place to live, not because of the people who are evil, but because of the people who don't do anything about it."***

*Albert Einstein*

# Survivor's Opportunity for SpeakingOut

## Calling All (Non-Offending) Adult Survivors of Childhood Sexual Abuse

If you are a Survivor of Childhood Sexual Abuse, whether male or female, and at least 18 years of age, you are invited to utilize our organization to "Have Your Voice Heard by SpeakingOut against Child Sexual Abuse". Here's how it works...

### How to Submit...

- Send email to Susan Suafoa-Dinino, President/Founder of SpeakingOut at [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com)
- Subject of Email... A Survivor is SpeakingOut
- Type Your Message
- Include...
  - First Name or Anonymous (required)
  - Last Name (optional)
  - City & State (required)
- Attach...
  - Picture of Yourself at the age your abuse began (optional)
  - Current Picture of Yourself (optional)

### How SpeakingOut will utilize your information...

1. Featured in at least one issue of SpeakingOut News (monthly newsletter). Depending on the length of your submission, we may be able to post your information in its entirety or at a minimum, mention your information and refer the public to your page in our website.
2. Featured in our website at [www.speakingout-csa.com](http://www.speakingout-csa.com) under "Testimonials" and "Survivors are SpeakingOut".
3. Mention with a Link to your page in our website on SpeakingOut's social networking sites... Facebook, Twitter and Linked In.



***This is YOUR Opportunity (or another opportunity) to Speak Out.***

***YOU have a Voice... and deserve to be heard.***

***What is it that YOU want others to know?***

***People tend to listen to people who have been where they are.***

***YOU can and will make a difference in the lives of others.***

***Don't Delay... Email Your Submission Today!***

## Radio Program Call In Guest Opportunity

Currently seeking an **Adult Male Survivor of Childhood Sexual Abuse** to be a **Call In Guest** for an upcoming Radio Program. SpeakingOut, has already appeared as a Guest on this program twice...

1. **December 22, 2010 (Overview on the Crime of Child Sexual Abuse)**
2. **June 1, 2011 (The Crime of Child Sexual Abuse from the Child Victim's Perspective)**

To Listen to these Past Programs, go to [www.speakingout-csa.com](http://www.speakingout-csa.com); Scroll down to the bottom of the page. Look for the Links under the boxes labeled "Louisiana Radio Program on Community Issues".



### December 21, 2011 (Upcoming Program)

Susan Suafoa-Dinino, President/Founder of SpeakingOut, has been invited back. Co-Guests for this program will be Jean Wall and Gayle Cothell of the Louisiana Department of Public Safety & Corrections. Susan is currently seeking an Adult Male Survivor to appear as her Call In Guest...from anywhere in the U.S.

**To Inquire and/or to Sign Up...**

Call Susan @ 865-230-8600 or send email to [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com).

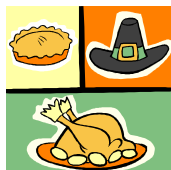
## Online Holiday Shopping

October, November & December... a festive time of year... generally very busy shopping months!

**Happy Halloween**



**Thanksgiving**



**Merry Christmas**



**Did you know that you can support our cause just by Shopping Online?**

Here's how it works...

**SpeakingOut is affiliated with CGBG - Charity Give Back Group**

(formerly know as CVN - Christian Values Network)

**An Online Shopping Mall with hundreds of Online Stores**

Becoming a member is FREE & will only take a few minutes of your time. You will be prompted to search for and select your Chosen Charity. Be sure to type in... SpeakingOut. By doing so, you will find... SpeakingOut against Child Sexual Abuse, Inc.

Then every time you log in through CGBG and purchase any of your everyday and/or holiday items online through [www.cvn.org](http://www.cvn.org), a percentage of the purchase price will be sent directly to SpeakingOut!

***With such a wide selection of Stores in CGBG's Online Shopping Mall, you will find just about anything you're looking for. Don't Delay... Become a Member Today! Start Supporting SpeakingOut just by shopping online through CGBG. Membership is FREE! Sign Up & Start Shopping Today!***

[www.cvn.org](http://www.cvn.org)

## Make a Difference for Only \$5 a Month

It doesn't take much to make a huge difference in the lives of children, as well as in the lives of Adult Survivors of Childhood Sexual Abuse. In fact, it only takes each person doing just a little to help us continue with our Mission and Vision for SpeakingOut...

***Child Sexual Abuse Awareness & Prevention... all across America!***  
***We also touch on Healing!***



***Can you spare \$5 a month?***

SpeakingOut against Child Sexual Abuse (aka SpeakingOut) is a 501(c)(3) non-profit organization. Your donation of any amount, whether one-time or monthly is considered a charitable contribution and is therefore tax deductible. SpeakingOut sends out end-of-year Charitable Contribution Statements... will receive your 2011 Statement in the mail no later than January 31, 2012.

Child Sexual Abuse Awareness & Prevention is imperative for the safety of children all across America. Every time an Adult (Parent, Grandparent, Teacher, Caregiver, etc...) gets educated on this topic, that in turn gives them the confidence & tools needed to raise awareness with their own children and/or the children in their care... and children really need to know the dangers out there. Unfortunately, we do not live in a society where we can just ignore this crime against children. It's too rampant!

***Each & Every Child is Worth It!***

***(Our Time, Our Efforts, Even Our Money)***



As a Non-Profit Organization, we rely on Caring People Like You. We have accomplished much since March 2008, but there is much more to be done across the U.S. We have only begun to scratch the surface of this horrific crime... and it is a Crime! In order for us to continue fighting against the sexual abuse of innocent children, we need your help, whether you've supported us in the past or have not been able to support us to date. Whether you can contribute \$5, \$10 or more (either one-time or on a monthly basis)... every dollar YOU contribute helps us continue fighting against this crime one parent / one child at a time. Together, we can and will make a difference in the lives of children, as well as in the lives of non-offending adult survivors of childhood sexual abuse.

**To Make an Online Donation, visit [www.speakingout-csa.com](http://www.speakingout-csa.com) & look for the PayPal Donate Button on the left hand side of the screen. Be sure to include in the description... one-time donation or monthly pledge. Or you can mail your donation in as follows... SpeakingOut, P.O. Box 5826, Oak Ridge, TN 37831. Thank you for your Support!**

## Become a SpeakingOut News Sponsor

**Advertise in SpeakingOut News for only \$10....**

**Advertise Your Agency, Company, Event, Book, etc...**

For a \$10 donation, you can become a Sponsor of one month's issue of SpeakingOut News. This in turn allows you the opportunity to place an ad in our newsletter. Advertise one time, monthly or periodically... you decide.

SpeakingOut News is generally distributed by the end of each month, or within the 1st couple of weeks of that month's issue. Your Donation & Ad must be received by the 20th of the month.

Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

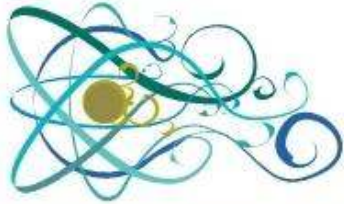
***Email your Ad today to request approval & become a Sponsor of SpeakingOut News.***

***Ad placement in SpeakingOut News (monthly newsletter) does not constitute endorsement of advertised information, products or services by SpeakingOut against Child Sexual Abuse, Inc. (aka SpeakingOut). Becoming a SpeakingOut News Sponsor simply means newsletter sponsorship in exchange for ad placement.***

SpeakingOut

against Child Sexual Abuse, Inc.  
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Susan Suafoa-Dinino  
(President/Founder)



SpeakingOut against Child Sexual Abuse

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Oak Ridge, TN 37831

America...  
**A Safe Place for Children!**  
To access all previous Issues of SpeakingOut News, visit our Website (Home Page).

**Visit Our Website...**  
[www.speakingout-csa.com](http://www.speakingout-csa.com)

**Follow Us on Twitter**  
**Join Us on Facebook**  
**Connect with Us on Linked In**

To find us on Twitter, Facebook & Linked In, you can visit our Website's Home Page and click on the desired link.

## Open Volunteer Positions

We currently have four (4) Open Volunteer Positions available. Regardless of where you reside in the U.S., if you or anyone you know may be interested in finding out more about these volunteer positions, call or email us today.

**Make a Difference...  
Join SpeakingOut's Team Today!**

- Director / Board of Directors
- Officer / Secretary
- Outreach Coordinator (Twitter)
- Outreach Coordinator (Linked In)

## Donate Used Cell Phones, PDA's & Ink Cartridges

Because of SpeakingOut's affiliation as a Partner with PhoneRaiser... You can support our cause just by donating your used Cell Phones, PDA's & Ink Cartridges, all while helping save the environment. By doing this, you will be giving old technology new life & keeping it from polluting our landfills. Your unwanted equipment will be recycled by PhoneRaiser in accordance with EPA regulations, or refurbished & reused.



**SpeakingOut is Accepting All Cell Phones & PDA's**  
We do not need or accept charger(s)

**We are also Accepting Most Ink Cartridges**  
General Rule: Ink Cartridge should be no larger than the palm of your hand



**Contact us today to make arrangements for your equipment donation, regardless of where you reside in the U.S.; at No Cost to You!**