



# SpeakingOut News

March 2013

SpeakingOut

**against Child Sexual Abuse, Inc.**

[A 501(c)(3) Non-Profit Organization]

“Speak up for those who cannot speak for themselves...”  
Proverbs 31:8

We are currently experiencing issues with our Main Phone Line (865-230-8600). Until this issue is resolved, please contact us at...  
**865-230-6059**

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## Child Sexual Abuse Awareness & Prevention

**We also Touch on Healing!**

**SpeakingOut on Behalf Of**

All Children who have ever been (Child & Adult Survivors), are being or will be sexually abused.

**Primary Purpose**

Raise Awareness on Child Sexual Abuse in an effort to Aid in the Prevention of this Horrific Crime

**Vision**

Raise Awareness all Across America

**Primary Focus**

On the Home (Parents & Grandparents)  
“Child Safety begins at Home”

**Other Focal Points**

Churches, Daycares/Caregivers, Schools, Healthcare Professionals & Anyone who works with/around Children

**Available For**

Speaking Engagements  
CSA Awareness/Prevention Workshop called “A Safe Place”  
Information Table Set Up

**Presented From**

A Parent's Perspective and in some areas, a Survivor's Perspective

***America... A Safe Place for Children!***



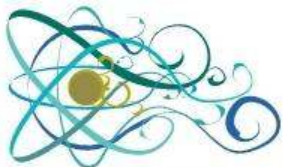
## SpeakingOut's 5 Year Anniversary

*On March 7th,*

***SpeakingOut celebrated our 5 Year Anniversary!***

It has been a blessing to have had 5 years so far to fight against the sexual abuse of innocent children. We continue to move forward with our Mission & Vision for SpeakingOut... Raising Awareness on the Crime of Child Sexual Abuse in an effort to Aid in Prevention... All Across America! We also continue to touch on Healing for Adult Survivors of this crime.

***America... A Safe Place for Children!***



SpeakingOut against Child Sexual Abuse

# A Survivor is SpeakingOut

## Not Just a Junky

They see her on the street  
And turn their heads, disgusted;  
Another low-life junky  
That never can be trusted.  
But that's all they can see  
From their perfectly narrow world;  
They've no idea how  
This tragic life unfurled.

I watch her on the corner  
And count her endless tracks;  
Each puncture is a memory;  
Wounds for her flashbacks.

I know the little girl  
Who once was in those eyes.  
I ache for each betrayal;  
This mother's heart cries.

She looks upon herself  
In the mirrored glass at the mall.  
Reminded once again  
Of the shame when she was small.  
Back to the alley she hurries  
To get her medication.  
Hoping this will be the time  
It's the deadly combination.

So when you walk beside her  
While on your merry way,  
Don't judge what you see  
Standing there today.  
Behind this distorted picture  
There's a child that doesn't show.  
One that's badly hurting  
More than you could ever know.

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*Poem on Page 43 of the following book: "The Monster's Game"  
A Poetic Look into the Child Behind the Mask of a Survivor  
Written and Illustrated by @LITTLEGIRL413*

*Written Permission obtained from Author & Publisher on the publication of this Poem in SpeakingOut News.*

# Get Your FREE SpeakingOut T-Shirt



## SpeakingOut T-Shirt

Size Choices: S, M, L, XL or XXL

**During the Month of April...**

**National Child Abuse Prevention Month!**

**Get Your FREE SpeakingOut T-Shirt with any \$25 Donation in support of our Cause!**

Just our way of saying "Thank You" for your Support! Plus you will be helping us raise awareness by wearing your SpeakingOut T-Shirt...during National Child Abuse Prevention Month...and/or anytime throughout the year!

Let's work together to bring the crime of Child Sexual Abuse top of mind all across America...for children's sake! Every One Child Matters. Just one child being raped, molested and/or exploited is one child too many. **What if that One Child were YOUR Child?**

lested and/or exploited is one child too many. **What if that One Child were YOUR Child?**

Receive your Free SpeakingOut T-Shirt approximately 2 weeks after SpeakingOut receives your gift of \$25. That's less than \$1 per day for a month. But to SpeakingOut, that's much-needed funding that will assist us in continually moving forward with our Mission and Vision...Child Sexual Abuse Awareness & Prevention...all Across America! At SpeakingOut, we are working diligently for children of all ages (birth to 17 years of age), as well as for Adult Survivors of Childhood Sexual abuse. Please join us in our efforts during the month of April...National Child Abuse Prevention Month!

**Donate Online at [www.speakingout-csa.com](http://www.speakingout-csa.com) (PayPal Donate Button) or Mail your Check/Money Order to SpeakingOut, P.O. Box 5826, Oak Ridge, TN 37831. Please specify size of T-Shirt.**

## SpeakingOut Recipe Book

New SpeakingOut Project

**\* SpeakingOut's 1st Recipe Book / Cookbook \***



To have your Recipe included,  
**please email and/or scan & email**  
**your Favorite Recipe(s)**  
**to Marianne, our Project Coordinator,**  
**at [marianne@speakingout-csa.com](mailto:marianne@speakingout-csa.com)**



**Be sure to include your First Name, First & Last Name or Anonymous, AND the City & State where you Reside.**

SpeakingOut is raising awareness all across America, so we are looking for Recipes from all across America!

**\*\*\* Please ONLY Submit Your Very Own Recipes \*\*\***

# Recent Events

## LaunchPoint

(A Program of Knox Area Rescue Ministries)

Knoxville, TN

“LaunchPoint is a four-week program designed to help homeless men and women begin a new life journey. Ultimately, LaunchPoint is about restoring hope - reconnecting the individual to the dreams that he or she once had but were lost when the individual's life path went off track. During the four-week period, a class of 30 participants begin discovering God's plan and purpose for their lives, develop their own life plan with realistic goals, and learn to implement their life plan in manageable steps.” *(Source of Information: <http://karm.org/index.php/Join-Us/launchpoint.html>)*

SpeakingOut has now had the pleasure of spending time with 4 different LaunchPoint groups since August 2012... August 9th, November 7th, and January 16th & March 13th of this year. These particular SpeakingOut Presentations focus on looking at the trauma (regardless of what that is for each of us personally) that may have occurred in our lives (i.e. Child Sexual Abuse, Physical Abuse, etc...) as a way to turn around and use those horrible life experiences to help others. When we go through something traumatic, as hard as it is to deal with at that time & possibly currently, we become very knowledgeable on that issue, subject, crime, etc... The pain we have and may still be experiencing has not been for nothing if we are able to pick ourselves back up and fight against (not in the literal sense) that very “thing” that tried to destroy us; tried being the key word. There is some healing in removing some of the focus from ourselves & using some of that pain and knowledge to make a difference in the lives of others. In my experience... People tend to listen to people who have been where they are. ~Susan Suafoa-Dinino, President/Founder of SpeakingOut

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*Coming together as Leaders in our Homes, our Churches and the Community to address the issue of Child Sexual Abuse in America. At SpeakingOut, we estimate that anywhere from 60 - 80% of the homeless individuals we've encountered over the past 5 years have experienced some form of sexual abuse / violation during their childhood.*

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## Hope Haven

(Women's Dorm of Knox Area Rescue Ministries)

Knoxville, TN

For the first time, SpeakingOut was invited to visit the Dorm at KARM for homeless women. This dorm is where many women are provided shelter for the night that would otherwise be on the streets with no where safe to go.

I had the pleasure of spending 2 hours with a group of ladies that were staying in the Hope Haven Women's Dorm Friday night, March 29th. We discussed the crime of Childhood Sexual Abuse and how such violations have impacted their lives in negative ways. We also discussed that healing is possible and talked about some of the ways these women can begin to deal with this childhood trauma they experienced and move forward on the path to healing. It was greatly stressed that no matter a person's living situation, each & every one of us deserves the help from organizations like KARM and SpeakingOut...that they are worth our time and efforts. It was truly a blessing to have had the opportunity to speak to and interact with these very special women. They were great! ~Susan Suafoa-Dinino (President/Founder of SpeakingOut against Child Sexual Abuse, Inc.)



# Upcoming Events - April 2013

Month of April...

***National Child Abuse Prevention Month!***

April 14th...

***The Innocence Revolution  
A Global Day to End Child Sexual Abuse!***

**A Global Call to Action...** SpeakingOut is in support of this very important and much-needed global effort for all organizations, government agencies, states, countries & individuals from all walks of life to take a united stand against the crime of Child Sexual Abuse. Join us and many others by SpeakingOut against Child Sexual Abuse...very loud & clear...on this day! Let's make the world a **A SAFE PLACE for children of all ages...all across the globe!**

April 5th, 12th & 19th...

***Weekly Group Sessions begin at Serenity Shelter***

**A Residential Recovery Program for Women; A Program of Knox Area Rescue Ministries of Knoxville, TN**

In 2012, SpeakingOut held 13 Total Group Sessions with Serenity Shelter.  
The Purpose...Steps toward Healing from the trauma of Childhood Sexual Abuse!  
We are very excited to begin this program again this year at Serenity Shelter.

April 12th...

***Speaker for Youth Initiative (6th-12th Graders) at AGITO, Inc.***

A Knox County After School Program  
**Surviving Traumatic Life Experiences by expressing oneself through Art.**  
Knoxville, TN

April 25th...

***Guest Speaker at LaunchPoint***

**A 4 Week Trauma Recovery Program for homeless Men & Women;  
A Program of Knox Area Rescue Ministries of Knoxville, TN**

This presentation will focus on looking at trauma that may have occurred in our lives, including Childhood Sexual Abuse, as a way to turn around and use those horrible experiences to help others. "There is healing (or at least some healing) in being able to fight against that very "thing" that tried to destroy you...tried being the key word." ~Susan Suafoa-Dinino

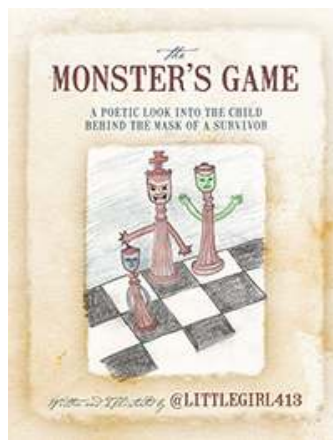
April 26th...

***"A Safe Place" Workshop  
[Child Sexual Abuse Awareness & Prevention]***

**1-5 pm at the Oak Ridge Civic Center  
Oak Ridge, TN**

**MARK YOUR CALENDARS - More Information Coming Soon!**

# Sponsors of this Month's Newsletter



*Obtained from Back Cover of Book...*

“No more sweeping the “dirty little secrets” under the rug!

The Monster’s Game takes you on an emotional and heartbreaking, yet powerful journey from the author’s early childhood where she had been sexually abused, to almost 50 years later to the mother, grandmother, wife, sister, daughter and friend who still struggles with the effects of that abuse. Through the use of poetry, she breaks her silence and speaks out about her abuse and the abuse of children everywhere. Littlegirl413 emerges as strong and triumphant as she delivers punch by punch blows to her abusers and those who turn a blind eye. This book should be an awakening to people everywhere about the devastation caused by child sexual abuse. It is a call to action as it screams for the child to be heard and validated.

Littlegirl413 chooses to remain anonymous due to the pressures of society and family to hide the shame of being sexually abused from age 4 to about 16. Her goal is not to gain sympathy for her pain, but to generate support for those who are less fortunate than she. It is her dream to shed a spotlight on this terrible silent epidemic throughout the world and end child sexual abuse forever. Maybe one day no child will have to remain anonymous and hide behind a mask of shame.”

**Purchase “The Monster’s Game” at:**

- OUTSKIRTS PRESS
- AMAZON
- BARNES & NOBLE



**George H. Ball, Jr.**

**8840 Madison Blvd Suite D.(upstairs)**

**Madison Al 35758 (Next to Pizza Hut)**

**Tel: 256-542-1873**

**Mon–Fri 5:30pm–9:00pm Sat 10:00am–7:00pm**

*10% Discount with Military ID or Student ID*

# Become a SpeakingOut News Sponsor

## Advertise in SpeakingOut News for only \$10....

### Advertise Your Agency, Company, Event, Book, etc...

For a \$10 donation, you can become a Sponsor of one month's issue of SpeakingOut News. This in turn allows you the opportunity to place an Ad in our newsletter. Advertise one time, monthly or periodically... you decide.

*Our monthly eNewsletters are not only distributed by email, but available in our website and all 3 of our Social Networking Sites...Facebook, Twitter & Linked In.*

SpeakingOut News is generally distributed by the end of each month. Your Donation & Ad must be received by the 25th of the month to be included in the upcoming month's issue of SpeakingOut News. Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

*Email your Ad today to request approval & become a SpeakingOut News Sponsor.*

*Ad placement in SpeakingOut News (monthly eNewsletter) does not necessarily constitute endorsement of advertised information, products or services by SpeakingOut against Child Sexual Abuse, Inc. (aka SpeakingOut).*

*Becoming a SpeakingOut News Sponsor simply means newsletter sponsorship in exchange for Ad placement.*

## New to SpeakingOut's Team



### Melisa Collins

*of Conyers, GA*

**(Director / Board of Directors)**

“Embrace your struggles, because they will soon become your strengths.”

*Melisa (MS, BS) runs a 501(c)(3) non-profit organization called As I Am Girls Club. She is also the Author of “When I Grow Up, I Want to be a Prostitute” by Samia. This book is about 3 young girls exposed to sex abuse.*

### Marianne Emanuel

*of New York, NY*

**(Project Coordinator - SpeakingOut Recipe Book)**

**No Picture  
Available  
at this time.**

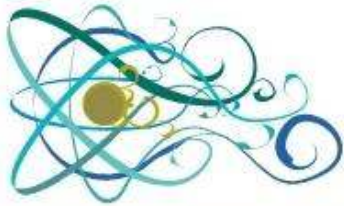
“I can understand why many people do not want to confront the problem of childhood sexual abuse. It is ugly and people do not want to acknowledge that children are being sexually abused in their schools, churches, locker rooms, and many times in their own homes. They are often sexually abused by the people they trust not to harm them. We adults must make the world a safer place for our children so they can grow up happy and healthy. We must make it a priority to protect children; they cannot protect themselves against predators who use them for sexual purposes. Please join us in this mission to protect children from the scourge of sexual abuse. Thank you.”

*Marianne is a Registered Nurse of 38 years, Mother of 2 and has worked with individuals suffering from mental illness and borderline personality disorders who are childhood sexual abuse survivors.*

SpeakingOut

against Child Sexual Abuse, Inc.  
[A 501(c)(3) Non-Profit Organization]

Susan Suafoa-Dinino  
(President/Founder)



SpeakingOut against Child Sexual Abuse

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America...  
**A Safe Place for Children!**  
To access all previous Issues of SpeakingOut  
News, visit our Website (Home Page).

**Visit Our Website...**  
[www.speakingout-csa.com](http://www.speakingout-csa.com)

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**Join Us on Facebook**  
**Connect with Us on Linked In**

To find us on Twitter, Facebook & Linked In,  
visit our Website's Home Page and  
click on the desired link.

We are currently experiencing issues with our Main Phone Line (865-230-8600). Until this issue is resolved, please contact us at... 865-230-6059

**Board Members**

Susan Suafoa-Dinino (TN) susansd@speakingout-csa.com  
Samantha Stewart (U.S.) samantha@speakingout-csa.com  
Gayle D'Ambrosio-Crabtree (TN)  
MeLisa Collins (GA) melisa@speakingout-csa.com

**Non-Board Member Volunteers**

Melani Marquez (HI) melani@speakingout-csa.com  
Anthony Suafoa (HI) anthony@speakingout-csa.com  
Marianne Emanuel (NY) marianne@speakingout-csa.com

**Open Volunteer Position Update**

**Outreach Coordinator (Linked In)**

**Open Volunteer Position**

View Detailed Job Description at [www.speakingout-csa.com](http://www.speakingout-csa.com)  
Click on "How You Can Help" & then the Link called "Open Volunteer Positions"



**Outreach Coordinator-Linked In...**  
(Apply by April 30, 2013)



*(HR Application available on same website page with Job Description as referenced above)*

*\* Applicants Must be at least 18 Years of Age and Reside in the U.S. \**