



# SpeakingOut News

June 2012

SpeakingOut

**against Child Sexual Abuse, Inc.**

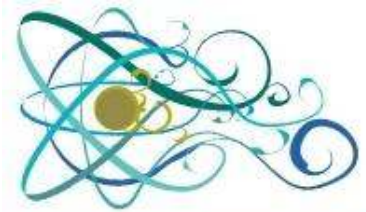
[A 501(c)(3) Non-Profit Organization]

“Speak up for those who cannot speak for themselves...”  
Proverbs 31:8

**Upcoming**  
June 20th - Summer Begins  
July 4th - Independence Day

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SpeakingOut against Child Sexual Abuse

## Child Sexual Abuse Awareness & Prevention

**We also Touch on Healing!**

### SpeakingOut on Behalf Of

All Children who have ever been (Child & Adult Survivors), are being or will be sexually abused.

### Primary Purpose

Raise Awareness on Child Sexual Abuse in an effort to Aid in the Prevention of this Horrific Crime

### Vision

Raise Awareness all Across America

### Primary Focus

On the Home (Parents & Grandparents)  
“Child Safety begins at Home”

### Other Focal Points

Churches, Daycares/Caregivers, Schools, Healthcare Professionals & Anyone who works with/around Children

### Available For

Speaking Engagements  
CSA Awareness/Prevention Workshop called “A Safe Place”  
Information Table Set Up

### Presented From

A Parent’s Perspective and in some areas, a Survivor’s Perspective

***America... A Safe Place for Children!***

## Featured Corporate Sponsor of the Month



*CG Services, Thank You for Your Support! You continue to help us work toward our Mission & Vision... Child Sexual Abuse Awareness & Prevention all across America! CG Services, you are a big part of the reason we are able to continue SpeakingOut on behalf of all children who have ever been (child & adult survivors), are being or will be sexually abused. Sincerely!*

## SpeakingOut on LA Radio Broadcast

On December 22, 2010, Susan Suafoa-Dinino (President/Founder of SpeakingOut) had the opportunity to be a Guest on a Radio Program on Community Issues. The main focus...Overview on the Crime of Child Sexual Abuse! On June 1, 2011, Susan was invited back. The discussion this time...The Crime of Child Sexual Abuse from the Child Victim's Perspective, as well as from the Adult Survivor's Perspective! Two Adult Survivors of Childhood Sexual Abuse attended this program with Susan; Linda of Illinois & Melani of Hawaii. To listen to one or both of these past programs, visit our website and scroll down on our home page to access.

***SpeakingOut was invited back on Wednesday, March 21, 2012***

**KAYT-FM (88.1) / DOC Re-Entry Radio / Alexandria, Louisiana**



**Attended on Behalf of SpeakingOut...**

**Susan Suafoa-Dinino**

(President/Founder)

**Melani Marquez**

(Outreach Coordinator-Facebook)



***Be sure to visit our Website's Home Page at [www.speakingout-csa.com](http://www.speakingout-csa.com) (scroll down to bottom right hand corner of page) to access a link to this Radio Broadcast.***

## Workshop in Champaign, IL Postponed

### “A Safe Place” Workshop [Child Sexual Abuse Awareness & Prevention]

**Saturday, April 28, 2012**

**Champaign Public Library**

Champaign, IL 61820-5193

***This Workshop did not take place.***

***We will keep you updated if / when a Workshop is rescheduled in Illinois .***

## H. S. Documentary on Sexual Violence

Recently, a High School Student from Indianapolis, IN contacted us to see if we would be willing to be interviewed for a school project she is working on...**Documentary on Sexual Violence**. We were most certainly interested in being one of the groups to be included in such an important school project as one on the topic of Sexual Violence. SpeakingOut will have access to this documentary in the very near future and will make it available to you as well. We are so proud of this 10th Grade Student for taking on this very sensitive topic.

## A Survivor (Jolean) is SpeakingOut



“Hi, my name is Jolean and I am now 19 years old. I can't tell you when I started being sexually abused because I was too young to remember, but it continued until May of 2010 when I finally spoke up. My perpetrator was my step father. I used to hate myself. I thought that it was my fault and that I was somehow being punished. I would contemplate running away, but I couldn't bring myself to leave behind my family. Eventually, as I got older I learned to just deal with it. I pretended like it never happened. I tried to make sure that I was always with someone at home or doing something important for school so that my step father would leave me alone. My plan was to graduate high school and then go to college somewhere far away so that I would never have to put up with my step father again. However, one day I finally broke down and ended up telling my friend what was going on. With his constant support I finally told my mother. The next day we went to the police station and reported everything. My step father was arrested that day, but wasn't formally sentenced until the end of September in 2011. Telling my mom what was going on was the hardest thing I have ever had to do in my life. I had to tell her in a text message because I was crying so much that I couldn't speak coherently. The entire process was definitely hard on me. I cried every single time that I had to talk about it. I even cried during court and I didn't even have to testify, but the district attorney was reading my impact statement and thinking about it made me cry. I still get emotional now if I think about it a lot, but I'm slowly getting better. Speaking out was the best thing that I could have ever done for myself. I am now a social work major at James Madison University. I hope to one day help others just like everyone (including my social worker) helped me.” ~*Jolean Clapp, Harrison, VA (April 2012)*

## Survivors...Opportunity for SpeakingOut

### Calling All (Non-Offending) Adult Survivors of Childhood Sexual Abuse

If you are a Non-Offending Survivor of Childhood Sexual Abuse, whether male or female, and at least 18 years of age, you are invited to utilize our organization to “Have Your Voice Heard by SpeakingOut against Child Sexual Abuse”.

Here's how it works...

#### HOW TO SUBMIT...

- Send email to Susan Suafoa-Dinino, President/Founder of SpeakingOut at [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com)
- Subject of Email... A Survivor is SpeakingOut
- Type Your Message
- Include...
  - First Name or Anonymous (required)
  - Last Name (optional)
  - City & State (required)
- Attach...
  - Picture of Yourself at the age your abuse began (optional)
  - Current Picture of Yourself (optional)

#### HOW SPEAKINGOUT WILL UTILIZE YOUR INFORMATION...

1. Featured in at least one issue of SpeakingOut News (monthly eNewsletter). Depending on the length of your submission, we may be able to post your information in its entirety or at a minimum, mention your information and refer the public to your information in our website.
2. Featured in our website by going to [www.speakingout-csa.com](http://www.speakingout-csa.com) under “Testimonials” & then “Survivors are SpeakingOut”.
3. Mention with a Link to your information in our website on our social networking sites... Facebook, Twitter and Linked In.

**This is YOUR Opportunity (or another opportunity) for SpeakingOut against the Crime of Child Sexual Abuse!**

## A Survivor (Samantha) is SpeakingOut



"My name is Samantha. I used to refer to the term "broken" to describe how I felt as a person. I used to feel resentment towards my friends, family, and others who seemed to have "normal" lives, not plagued with sexual abuse. I used to mask my shaming secret with a smile and sarcastic humor. Apparently that wasn't enough, since the truth finally came out.

I was sexually abused by my father from since I can remember until high school. I have consistent memories of it happening around 3rd grade. At age sixteen I was told he was not my biological father. As you can imagine that news was a relief, however, since he was around before I was born he was the only father I knew and it didn't change how I felt about the abuse.

It's truly a tragedy that children are exposed to these harrowing incidents and disgusting behaviors. Children shouldn't have this torment to worry about, they should just be focused on the happy carefree moments in life that are so short lived and pass so quickly, and enjoy freedom of being a child. Stealing away innocence, childhood, and sense of self; sexual abuse shows children how ugly the world can be.

As a kid growing up, you're learning about your world and yourself. Although my abuse started so early and it was something I just "grew up with," I knew it was wrong. However, being a child and having that as my "normal" made me incapable of speaking out against it, standing up for myself, or disclosing this real life nightmare to anyone. I was overpowered, I was defenseless... or at least that's how I felt. I also really struggled with my natural instinct to feel compassion and love for my dad, along with my hatred and disgust toward him at the same time. I believe this is one of the many main reasons why child sexual abuse is not brought up. Another reason why I think this abuse is not stopped and the child is not "rescued" is because the abusers also manipulate the adults of the situation, keeping them under the same controlling constraints. Keeping this silence only allows the abusers to get away with their crime, while drastically affecting the lives of multiple children and surrounding individuals. These criminals need to be held accountable for their actions and prevented from devastating the lives of others.



It's unfortunate that I, and many others, have experienced this maltreatment. It creates many short and long term effects that impact life greatly to say the least. It's something you can never erase, forget, or disregard. It causes children to grow up scrambling to establish their boundaries, fearfully trying to establish trust in themselves and others, and attempting to live healthy lives. I chose to look at what I have been through and take control of my life, to regain my strength because it is mine. This traumatic experience has shaped who I am today, and although I still have my difficult moments, this was my journey. Maybe this happened to me so I can help reach out to others? To help them also find the courage, realize they are far from being alone, and aid in the prevention of this appalling crime against children." *~Samantha Stewart, Resides in the U.S. (May 2012)*

## Event Volunteers Needed (TN)

In August 2011, SpeakingOut participated in the 1st Healthy Kids Rock event in which we were able to raise awareness on the crime of Child Sexual Abuse for over 800 families by simply handing out information & talking to people. This year, attendance is expected to dramatically increase. SpeakingOut will be setting up an Information Table for Adults, handing out Children's Activity Sheets to the kids, and handing out brochures to Parents/Grandparents/Caregivers. The goal is to encourage Parents to sit down & talk to their children about Child Sexual Abuse... ultimately opening up the communication line on this very sensitive topic. And the purpose of that is to do all we can to help prevent such violations from happening to the children we care about. In addition, we plan to set up Bean Bag Toss for the kids.

SpeakingOut is currently seeking Volunteers to assist Susan Suafoa-Dinino, President/Founder of SpeakingOut, throughout the day. Whether you can volunteer for 1 hour, 2 hours 1/2 day or all day, please contact us today to sign up as a SpeakingOut Volunteer. We Need Your Help!

**To Sign Up to Volunteer, Send Email to [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com) or Call 865-230-8600 by July 27th!**

### Set Up

(7:30 - 8:30pm)

**Need 1 Volunteer**

### Event

(9am - 4pm)

**Need 3 Volunteers  
at all times...**

2 - Children's Activity Table

1 - Bean Bag Toss

### Breakdown

(4 - 6pm)

**Need 1 Volunteer**

Western Heights Dental

## 2nd BACK-to-SCHOOL HEALTHY KIDS ROCK

HEALTH FAIR at  
NORTHWEST MIDDLE SCHOOL  
5301 PLEASANT RIDGE RD  
SATURDAY  
AUGUST 11, 2012  
9AM-5PM

- FREE DENTAL CLEANINGS  
Courtesy of RAM (Remote Area Medical)  
(9A.M. - 1P.M. parent must be PRESENT)
- FREE FOOD AND REFRESHMENTS
- FREE HAIRCUTS (Parent must be PRESENT)
- LIVE ENTERTAINMENT
- BOUNCE HOUSE
- GIVEAWAYS & PRIZES
- GAMES & ACTIVITIES
- RESOURCES FOR FAMILIES
- FREE BACKPACKS AND SCHOOL SUPPLIES  
(WHILE SUPPLIES LAST)

## A Survivor (Sandra) is SpeakingOut

My name is Sandra; I'm a Survivor

**"My Story of Healing from Childhood Incest"**

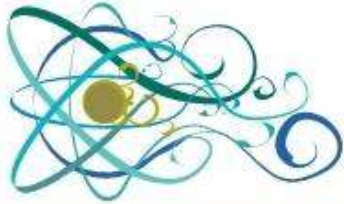
Sandra, Canmore Alberta, Canada (May 2012)

To access a link to Sandra's YouTube Video (5.52 minutes) about her journey,  
go to [www.speakingout-csa.com](http://www.speakingout-csa.com), click on "Testimonials" & then the link called "Survivors are SpeakingOut"

SpeakingOut

against Child Sexual Abuse, Inc.  
[A 501(c)(3) Non-Profit Organization]

Susan Suafoa-Dinino  
(President/Founder)



SpeakingOut against Child Sexual Abuse

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America...  
**A Safe Place for Children!**  
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**Connect with Us on Linked In**

To find us on Twitter, Facebook & Linked In,  
visit our Website's Home Page and  
click on the desired link.

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**\* Advertise Your Agency, Company, Event, Book, etc... \***

For a \$10 donation, you can become a Sponsor of one month's issue of SpeakingOut News. This in turn allows you the opportunity to place an ad in our newsletter. Advertise one time, monthly or periodically... you decide.

SpeakingOut News is generally distributed by the end of each month, or within the 1st couple of weeks of that month's issue. Your Donation & Ad must be received by the 25th of the month. Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

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