



SpeakingOut News

August 2011

SpeakingOut

against Child Sexual Abuse, Inc.

[A 501(c)(3) Non-Profit Organization]

“Speak up for those who cannot speak for themselves...”
Proverbs 31:8

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Child Sexual Abuse Awareness & Prevention

We also Touch on Healing!

SpeakingOut on Behalf Of

All Children who have ever been (Child & Adult Survivors), are being or will be sexually abused.

Primary Purpose

Raise Awareness on Child Sexual Abuse in an effort to Aid in the Prevention of this Horrific Crime

Vision

Raise Awareness all Across America

Primary Focus

On the Home (Parents & Grandparents)
“Child Safety begins at Home”

Other Focal Points

Churches, Daycares/Caregivers, Schools, Healthcare Professionals & Anyone who works with/around Children

Available For

Speaking Engagements
CSA Awareness/Prevention Workshop called “A Safe Place”
Information Table Set Up

Presented From

A Parent’s Perspective and in some areas, a Survivor’s Perspective

America... A Safe Place for Children!



School... A Safe Place for Children!

We talk to our children about many things... importance of education, dangers of drugs & alcohol, don't talk to strangers, etc...

Have you talked to YOUR Child about Child Sexual Abuse?

Talk specifically about Rape, Incest, Molestation & Exploitation
Talk to Children of All Ages... Toddlers to 17 Years of Age
Discuss at the age-appropriate level for each child

Don't Delay... It is estimated that 95% of Children who are Sexually Abused know their abuser, and in many cases, loves and trusts that person. Child Safety begins at Home... the place for discussing this very sensitive topic! Awareness aids in Prevention!



Message to Parents on Prevention

Never assume that just because you know where your child is & who they are with, that this could not happen to them.

Child Sexual Abuse can happen Anywhere, Anytime, to Any Child
Estimated that 95% of children who are sexually abused know the person abusing them.

Never assume that if this happens or is happening to your child that they will tell you.

Sexual Predators know how to silence children. And as a Parent, your understanding of this horrific Crime is imperative for your child's safety.



SO WHAT CAN YOU DO?

Learn All that You Can

Talk to Your Child

Minimize the Risks

Look for Warning Signs

Know Your Child's Surroundings

Inquire about Safety Precautions Taken by Others

Know/Remember the Statistics

Tell Others

Break the Cycle in Your Family



For More Information on each of these steps,
be sure to visit our website at

www.speakingout-csa.com

[Click on "Message to Parents" tab]

The Truth about Child Sexual Abuse

Calling Child Sexual Abuse what it really is...
Horrible Violations committed against Innocent Children of all ages...

Rape, Molestation, Incest & Exploitation

NOT JUST A STATISTIC!

***REAL Violations committed
against REAL Children!***

*** The Ultimate Violation & Betrayal of any Child ***

Recent Back-to-School Health Fair

On August 5th, SpeakingOut participated in a wonderful event in Knoxville, TN....

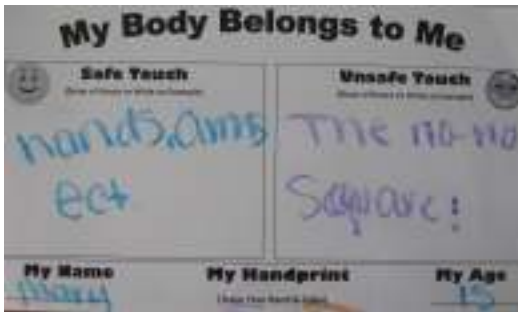
Western Heights Dental's 1st Back-to-School Healthy Kids Rock!

In addition to dental health, the sexual abuse of innocent children is yet another health issue that needs immediate attention & action from us as adults in order to prevent as many children as possible from being violated.

One Parent/Child at a time... Every one Child matters... What if that one Child were your Child?

At SpeakingOut, we utilized this opportunity to raise awareness on the crime of Child Sexual Abuse with Parents & Children of all ages. At our table alone, we had almost 400 children come by with their Parents. We were able to hand out "What Every Parent Should Know" brochures to the Parents, as well as encourage the children to fill out a Kid's Activity Sheet called "My Body Belongs to Me". We also offered Bean Bag Toss for the kids!

1st Step to Prevention... Education & Awareness. We spent the day encouraging Parents to get educated on this crime, go home & sit down with their children to talk about Child Sexual Abuse in-depth... for children's sake!



**Thank You Nellie!
I could not have
handled that crowd
without you.
Susan SD**

From Left to Right...



Nellie - Volunteer assigned to help Susan SD for the day; thanks to Western Heights Dental
Susan Suafoa-Dinino - President/Founder of SpeakingOut against Child Sexual Abuse, Inc. (AKA SpeakingOut)

Recent Autism & Disability Awareness Event

On August 6th, SpeakingOut participated in another important event in Knoxville, TN that was hosted by Eyes of Faith and the Beck Cultural Exchange Center Inc.

Autism and Disability Awareness Event "Back to School: Fun In The Sun"

This was yet another wonderful opportunity to raise awareness on the crime of Child Sexual Abuse. Unfortunately, even children with autism and other disabilities are being violated every single day in this country. SpeakingOut had several things going throughout the day...

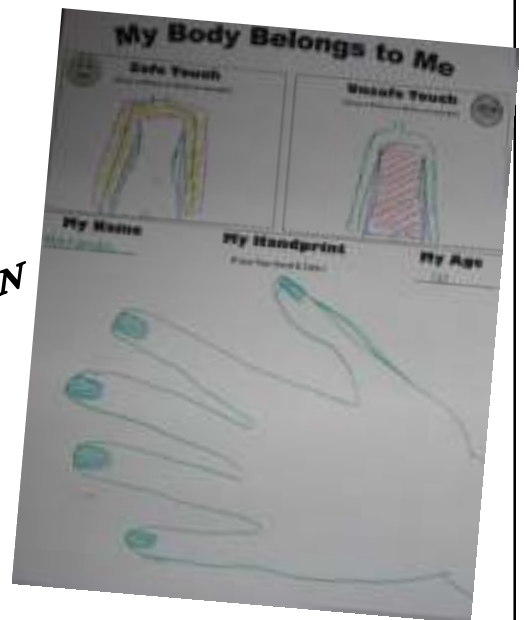
- “What Every Parent Should Know” brochures
- “My Body Belongs to Me” kid’s activity sheet
- Bean Bag Toss



↑ Left to Right
Susan Suafoa-Dinino
Susan Otto (Volunteer)



↑
Demetris Moore
(Volunteer)



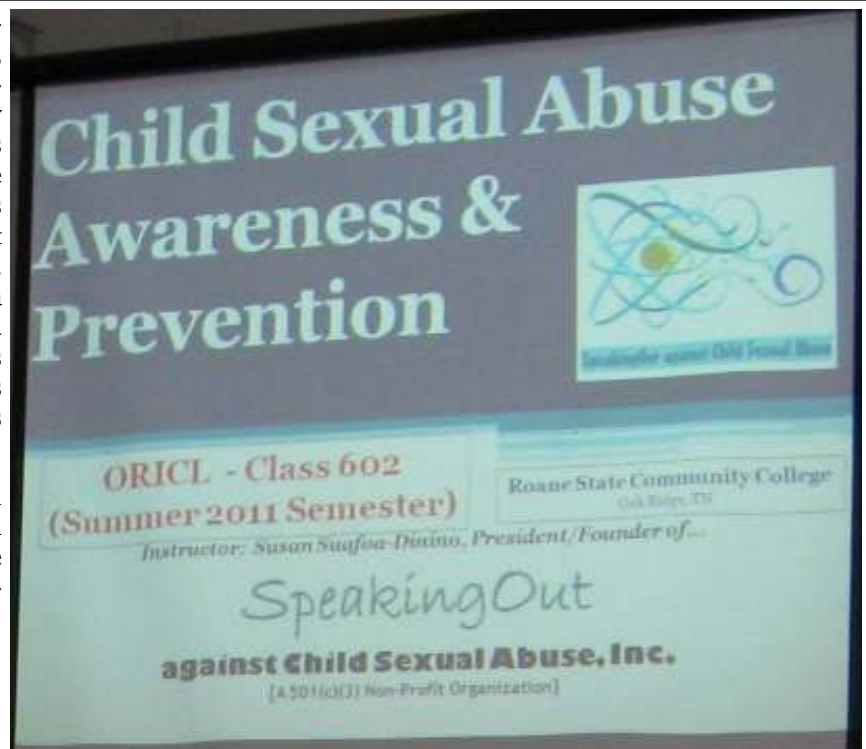
VOLUNTEER APPRECIATION
Thank You
for your help...
Susan Otto and
Demetris Moore

SpeakingOut Class - Summer 2011 Semester

On August 2nd, 9th and 16th, Susan Suafoa-Dinino, President/Founder of SpeakingOut, taught a class on Child Sexual Abuse Awareness & Prevention at Roane State Community College in Oak Ridge, TN. The 3-session class was open to members of ORICL (Oak Ridge Institute for Continued Learning). Susan has held many Child Sexual Abuse Awareness & Prevention Workshops called "A Safe Place". Being invited as the Instructor for a class at a community college... this was a first and Susan looks forward to more opportunities like this in the future. The class participants were fantastic; interactive with both questions and input.

Thank you ORICL for inviting me to teach on behalf of all children who have ever been (child & adult survivors), are being or will be sexually abused. It was a wonderful opportunity to educate and raise awareness.

**Susan Suafoa-Dinino, President/Founder,
SpeakingOut against Child Sexual Abuse, Inc.
(aka SpeakingOut)**



Classroom Assistant

Connie Williams

Thank You for everything Connie!
Susan SD

"Susan, I think you do a super job of presenting and documenting information on child sexual abuse. You present things in a very factual and balanced way and yet your passion for the topic and the children who are victimized comes through very clearly. You are an excellent speaker and you handle questions/comments very diplomatically. Thanks for doing the classes for ORICL."

—Bob Smallridge, Oak Ridge Institute for Continued Learning Member (ORICL Class 602, Child Sexual Abuse Awareness & Prevention, Summer 2011 Semester, Roane State Community College) Oak Ridge, TN

602 Child Sexual Abuse Awareness and Prevention

This will be an interactive and informative class on child sexual abuse awareness and prevention that also touches on healing for adult survivors of childhood sexual abuse. This class will be a safe place to discuss a very sensitive topic that affects multitudes of children all across America and right here in Tennessee. Information is presented from a parent's perspective and in some areas, a survivor's perspective, and is a must-attend for all adults. The goal of this class is to aid in helping make America a safe place for children of all ages. Includes eight major topics of discussion as follows:

- The reality of child sexual abuse
- What child sexual abuse is and what it is not
- The statistics
- Symptoms of the sexually abused child
- Information on the abuser
- Information on "The System"
- Message to parents on prevention
- Message to survivors of childhood sexual abuse



Susan Suafoa-Dinino is the President/Founder of a 501(c)(3) Non-Profit Organization called SpeakingOut against Child Sexual Abuse, Inc. (aka SpeakingOut) and spends the majority of her time SpeakingOut on behalf of all children who have ever been, are being or will be sexually abused. Having spent every day for the past 12 years dealing directly with this crime and its long-lasting effects on a personal level, as well as through years of research, she feels strongly that child safety begins at home, or at least it should. Susan is originally from Louisiana, has lived all over, and has resided in Oak Ridge, Tennessee since 2006. She previously served in the United States Army and is a mother of two sons.

Three Sessions: Tuesdays, 1:00 - 2:10 p.m.,
August 2, 9 and 16

**Don't
Forget!**

**Registration Deadline
is May 11th!**

Make a Difference for Only \$5 a Month

It doesn't take much to make a huge difference in the lives of children, as well as in the lives of Adult Survivors of Childhood Sexual Abuse. In fact, it only takes each person doing just a little to help us continue with our Mission and Vision for SpeakingOut...

Child Sexual Abuse Awareness & Prevention... all across America!

We also touch on Healing!



Can you spare \$5 a month?



SpeakingOut against Child Sexual Abuse (aka SpeakingOut) is a 501(c)(3) non-profit organization. Your donation of any amount, whether one-time or monthly is considered a charitable contribution and is therefore tax deductible. SpeakingOut sends out end-of-year Charitable Contribution Statements... you will receive your 2011 Statement in the mail no later than January 31, 2012.

Child Sexual Abuse Awareness & Prevention is imperative for the safety of children all across America. Every time an Adult (Parent, Grandparent, Teacher, Caregiver, etc...) gets educated on this topic, that in turn gives them the confidence & tools needed to raise awareness with their own children and/or the children in their care... and children really need to know the dangers out there. Unfortunately, we do not live in a society where we can just ignore this crime against children. It's too rampant!

Each & Every Child is Worth It!

(Our Time, Our Efforts, Even Our Money)

As a Non-Profit Organization, we rely on Caring People Like You. We have accomplished much since March 2008, but there is much more to be done. We have only begun to scratch the surface of this horrific crime... and it is a Crime! In order for us to continue fighting against the sexual abuse of innocent children, we need your help, whether you've supported us in the past or have not been able to support us to date. Whether you can contribute \$5, \$10 or more (either one-time or on a monthly basis)... every dollar YOU contribute helps us continue fighting against this crime one parent / one child at a time. Together, we can and will make a difference in the lives of children, as well as in the lives of adult survivors of childhood sexual abuse.

To Make an Online Donation, visit www.speakingout-csa.com & look for the PayPal Donate Button on the left hand side of the screen. Be sure to include in the description... one-time donation or monthly pledge. Or you can mail your donation in as follows... SpeakingOut, P.O. Box 5826, Oak Ridge, TN 37831. Thank you for your Support!

Become a SpeakingOut News Sponsor

Advertise in SpeakingOut News for only \$10....

Advertise Your Agency, Company, Event, Book, etc...

For a \$10 donation, you can become a Sponsor of one month's issue of SpeakingOut News. This in turn allows you the opportunity to place an ad in our newsletter. Advertise one time, monthly or periodically... you decide.

SpeakingOut News is generally distributed by the end of each month, or within the 1st couple of weeks of that month's issue. Your Donation & Ad must be received by the 20th of the month.

Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

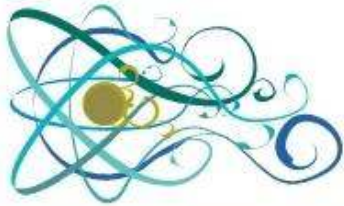
Email your Ad today to request approval & become a Sponsor of SpeakingOut News.

Ad placement in SpeakingOut News (monthly newsletter) does not constitute endorsement of advertised information, products or services by SpeakingOut against Child Sexual Abuse, Inc. (aka SpeakingOut). Becoming a SpeakingOut News Sponsor simply means newsletter sponsorship in exchange for ad placement.

SpeakingOut

against Child Sexual Abuse, Inc.
[A 501(c)(3) Non-Profit Organization]

Susan Suafoa-Dinino
(President/Founder)



SpeakingOut against Child Sexual Abuse

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Oak Ridge, TN 37831

America...
A Safe Place for Children!
To access all previous Issues of SpeakingOut News, visit our Website (Home Page).

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www.speakingout-csa.com

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Join Us on Facebook
Connect with Us on Linked In

To find us on Twitter, Facebook & Linked In, you can visit our Website's Home Page and click on the desired link.

President/Founder available as Speaker in Hawaii

August has been a very busy month for SpeakingOut in the State of Tennessee... Knoxville and Oak Ridge. Currently, Susan Suafoa-Dinino is awaiting the birth of her first Grandbaby that is due September 16th. She is in Hawaii with her oldest son and daughter-in-law who reside there and will be there through October 27th. If you or anyone you know has an event coming up in which you need a Guest Speaker, Susan may be available. To Schedule Susan as a Speaker... Call (865) 230-8600 or Email susansd@speakingout-csa.com.

Donate Used Cell Phones, PDA's & Ink Cartridges

Because of SpeakingOut's affiliation as a Partner with PhoneRaiser... You can support our cause just by donating your used Cell Phones, PDA's & Ink Cartridges, all while helping save the environment. By doing this, you will be giving old technology new life & keeping it from polluting our landfills. Your unwanted equipment will be recycled in accordance with EPA regulations, or refurbished & reused.



SpeakingOut is Accepting All Cell Phones & PDA's
We do not need or accept charger(s)

SpeakingOut is Accepting Most Ink Cartridges
General Rule - Ink Cartridge should be no larger than the palm of your hand



Contact us today to make arrangements for your equipment donation, regardless of where you reside in the U.S.; at No Cost to You!