



# SpeakingOut News

1st Quarter 2014

SpeakingOut

**against Child Sexual Abuse, Inc.**

[A 501(c)(3) Non-Profit Organization]

“Speak up for those who cannot speak for themselves...”  
Proverbs 31:8



## Child Sexual Abuse Awareness & Prevention

**We also Touch on Healing!**

### SpeakingOut on Behalf Of

All Children who have ever been (Child & Adult Survivors), are being or will be sexually abused.

### Primary Purpose

Raise Awareness on Child Sexual Abuse in an effort to Aid in the Prevention of this Horrific Crime

### Vision

Raise Awareness all Across America

### Primary Focus

On the Home (Parents & Grandparents)  
“Child Safety begins at Home”

### Other Focal Points

Churches, Daycares/Caregivers, Schools, Healthcare Professionals & Anyone who works with/around Children

### Available For

Speaking Engagements  
CSA Awareness/Prevention Workshop called “A Safe Place”  
Information Table Set Up

### Presented From

A Parent’s Perspective and in some areas, a Survivor’s Perspective

***America... A Safe Place for Children!***

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## SpeakingOut’s 6 Year Anniversary

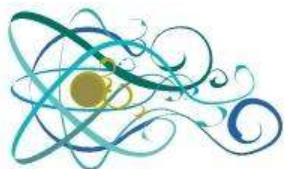
*On March 7th,*

***SpeakingOut celebrated our 6 Year Anniversary!***

It has been a blessing to have had 6 years so far to fight against the sexual abuse of innocent children. We continue to move forward with our Mission & Vision for SpeakingOut...

Raising Awareness on the Crime of Child Sexual Abuse in an effort to Aid in Prevention... All Across America! We also continue to touch on Healing for Adult Survivors of this crime.

***America... A Safe Place for Children!***



SpeakingOut against Child Sexual Abuse

# A Survivor is SpeakingOut

## Never Tell Again

You were the first to be told,  
 And your response was so cold.  
 It took all the courage I could gather,  
 But to you it did not matter.  
 I thought I would be protected,  
 But instead I was rejected.  
 I felt in my heart, you thought I lied,  
 The little girl again denied.  
 I vowed to never tell again,  
 These atrocities of men.  
 For there was no greater good,  
 If no one understood.  
 The frigid, bitter cold,  
 From the first one I told.

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*Poem on Page 52 of the following book: "The Monster's Game"  
 A Poetic Look into the Child Behind the Mask of a Survivor  
 Written and Illustrated by @LITTLEGIRL413*

*Written Permission obtained from Author & Publisher on the publication of this Poem in SpeakingOut News.*

## Survivor's Opportunity for SpeakingOut

### Calling All (Non-Offending) Adult Survivors of Childhood Sexual Abuse

If you are a Non-Offending Survivor of Childhood Sexual Abuse, whether male or female, and at least 18 years of age, you are invited to utilize our organization for SpeakingOut against the crime of Child Sexual Abuse.

Here's how it works...

#### HOW TO SUBMIT...

- Send email to Susan Suafoa-Dinino, President/Founder of SpeakingOut at [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com)
- Subject of Email... A Survivor is SpeakingOut
- Type Your Message
- Include...
  - First Name or Anonymous (required)
  - Last Name (optional)
  - City & State (required)
- Attach...
  - Picture of Yourself at the age your abuse began (optional)
  - Current Picture of Yourself (optional)

#### HOW SPEAKINGOUT WILL UTILIZE YOUR INFORMATION...

1. Featured in at least one issue of SpeakingOut News (monthly eNewsletter). Depending on the length of your submission, we may be able to post your information in its entirety or at a minimum, mention your information and refer the public to your information in our website.
2. Featured in our website by going to [www.speakingout-csa.com](http://www.speakingout-csa.com) under "Testimonials" & then "Survivors are SpeakingOut".
3. Mention with a Link to your information in our website on our social networking sites... Facebook, Twitter & Linked In.

**This is YOUR Opportunity (or another opportunity) for SpeakingOut against the Crime of Child Sexual Abuse!**

# Make a Difference in 2014

Child Sexual Abuse Awareness & Prevention is imperative for the safety of children of all ages all across America. Every time any Adult (Parent, Grandparent, Teacher, Caregiver, Healthcare Professional etc...) gets educated on this topic, that in turn gives them the confidence & tools needed to raise awareness with children...and children need to know the dangers out there. Unfortunately, we do not live in a society where we can just ignore this violation against children. It's too rampant!

*Besides...every One Child is worth our efforts.*

**Did you know it is estimated that...**

***1 in 5 Boys & 1 in 3 Girls***

*will be sexually violated in some way by the time they turn 18 years old.*

**The Sexual Abuse of a Child, regardless of their age, is the  
*Ultimate Violation & Betrayal of a Child***

**It is also a Crime!**

***Each & Every One Child Matters;  
worth our Time, our Efforts & even our Money***

**As a 501(c)(3) Non-Profit Organization, we rely on Caring People Like You to work toward our Mission. Your Charitable Contribution allows us to continue moving forward in the fight against this horrific crime.**

**We Need Your Support in 2014.**

***Regardless of whether you can commit to \$2 a month, \$5 a month, \$10 a month or more...***

***Every dollar YOU contribute helps us continue working toward our Mission.***

***There is no \$\$\$ amount too large or too small.***

**Please consider SpeakingOut for a Monthly or One-Time Donation in 2014.  
**PLEDGE TO STOP CHILD SEXUAL ABUSE TODAY!****

***TOGETHER...***

***We Can & Will Continue Making A Difference in the Lives of Children,  
as well as in the lives of Adult Survivors of Childhood Sexual Abuse!***

# Open Volunteer Positions

At SpeakingOut, we are in the process of restructuring and ramping up our Team. Do you have a few hours a week to support a very worthy cause? We are looking for Volunteers that are willing to assist us in SpeakingOut's Mission and Vision. We are looking for those who know how crucial it is to aid in the prevention of Child Sexual Abuse...for children's' sake. It is not required that you reside in the State of Tennessee to be a SpeakingOut Volunteer. What we're looking for...

- *Men & Women*
- *Must be at least 18 Years of Age*
- *Reside in the U.S.*
- *A Team Player*
- *Ready to Make a Difference*

## ***OPEN VOLUNTEER POSITIONS***



**Director / Board of Directors**

**Outreach Coordinator (Facebook)**

**Outreach Coordinator (Twitter)**

**Outreach Coordinator (Linked In)**

**Project Coordinator (SpeakingOut Recipe Book)**



For more information, you can view Detailed Job Description(s) at

***[www.speakingout-csa.com](http://www.speakingout-csa.com)***

Click on "How You Can Help" & then the Link... "Open Volunteer Positions"

*\* HR Application also available on webpage referenced above \**

***"The World is a dangerous place to live, not because of the people who are evil, but because of the people who don't do anything about it..."***

Albert Einstein

# Get Your FREE SpeakingOut T-Shirt



## SpeakingOut T-Shirt

Size Choices: S, M, L, XL or XXL

**APRIL...**

**National Child Abuse Prevention Month!**

**Get Your FREE SpeakingOut T-Shirt with any \$25 Donation in support of our Cause anytime during March and April!**

Just our way of saying "Thank You" for your Support! Plus you will be helping us raise awareness by wearing your SpeakingOut T-Shirt...during National Child Abuse Prevention Month...and/or anytime throughout the year!

Let's work together to bring the crime of Child Sexual Abuse top of mind all across America...for children's sake!

Every One Child Matters. Just one child being raped, molested and/or sexually exploited is one child too many. **What if that One Child were YOUR Child?**

Receive your Free SpeakingOut T-Shirt approximately 2 weeks after SpeakingOut receives your gift of \$25. That's less than \$1 per day for a month. But to SpeakingOut, that's much-needed funding that will assist us in continually moving forward with our Mission and Vision...Child Sexual Abuse Awareness & Prevention...all Across America! We are working diligently for children of all ages (birth to 17 years of age), as well as for Adult Survivors of Childhood Sexual Abuse.

**Donate Online at [www.speakingout-csa.com](http://www.speakingout-csa.com) (PayPal Donate Button) or Mail your Check/Money Order to SpeakingOut, P.O. Box 5826, Oak Ridge, TN 37831. Please specify size of T-Shirt.**

## SpeakingOut Recipe Book / Cookbook

### SpeakingOut Project

**\* SpeakingOut's 1st Recipe Book / Cookbook \***



To have your Recipe included, **please email and/or scan & email your Favorite Recipe(s) to Susan Suafoa-Dinino at [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com)**

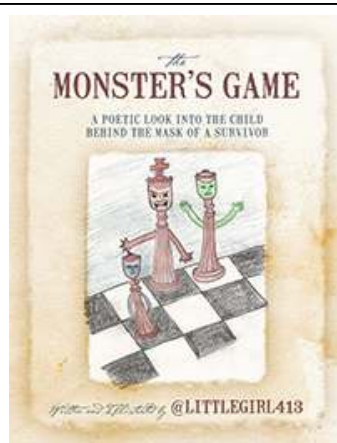


**Be sure to include your First Name, First & Last Name or Anonymous, AND the City & State where you Reside.**

SpeakingOut is raising awareness all across America, so we are looking for Recipes from all across America!

**\*\*\* Please ONLY Submit Your Very Own Recipes \*\*\***

# Sponsor of this Month's Newsletter



*Obtained from Back Cover of Book...*

“No more sweeping the “dirty little secrets” under the rug!

The Monster’s Game takes you on an emotional and heartbreaking, yet powerful journey from the author’s early childhood where she had been sexually abused, to almost 50 years later to the mother, grandmother, wife, sister, daughter and friend who still struggles with the effects of that abuse. Through the use of poetry, she breaks her silence and speaks out about her abuse and the abuse of children everywhere. Littlegirl413 emerges as strong and triumphant as she delivers punch by punch blows to her abusers and those who turn a blind eye. This book should be an awakening to people everywhere about the devastation caused by child sexual abuse. It is a call to action as it screams for the child to be heard and validated.

Littlegirl413 chooses to remain anonymous due to the pressures of society and family to hide the shame of being sexually abused from age 4 to about 16. Her goal is not to gain sympathy for her pain, but to generate support for those who are less fortunate than she. It is her dream to shed a spotlight on this terrible silent epidemic throughout the world and end child sexual abuse forever. Maybe one day no child will have to remain anonymous and hide behind a mask of shame.”

**Purchase “The Monster’s Game” at:**

- OUTSKIRTS PRESS
- AMAZON
- BARNES & NOBLE

## Become a SpeakingOut News Sponsor

**Advertise in SpeakingOut News for only \$10....**

**Advertise Your Agency, Company, Event, Book, etc...**

For a \$10 donation, you can become a Sponsor of one month’s issue of SpeakingOut News. This in turn allows you the opportunity to place an Ad in our newsletter. Advertise one time, monthly or periodically... you decide.

***Our monthly eNewsletters are not only distributed by email, but available on our website and all 3 of our Social Networking Sites...Facebook, Twitter & Linked In.***

SpeakingOut News is generally distributed around mid-month. Your Donation & Ad must be received by the 28th of the month to be included in the upcoming month’s issue of SpeakingOut News.

Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

***Email your Ad today to request approval & become a SpeakingOut News Sponsor.***

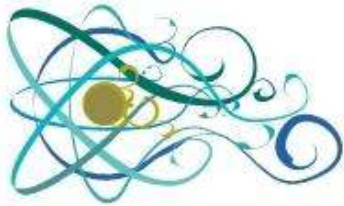
***Ad placement in SpeakingOut News (monthly eNewsletter) does not necessarily constitute endorsement of advertised information, products or services by SpeakingOut against Child Sexual Abuse, Inc. (aka SpeakingOut).***

***Becoming a SpeakingOut News Sponsor simply means newsletter sponsorship in exchange for Ad placement.***

SpeakingOut

against Child Sexual Abuse, Inc.  
[A 501(c)(3) Non-Profit Organization]

Susan Suafoa-Dinino  
(President/Founder)



SpeakingOut against Child Sexual Abuse

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865-230-6059

Email:  
susansd@speakingout-csa.com

Mailing Address:  
P.O. Box 5826  
Oak Ridge, TN 37831

America...  
A Safe Place for Children!  
*\* That is the Goal of SpeakingOut \**

Visit Our Website...  
[www.speakingout-csa.com](http://www.speakingout-csa.com)

Follow Us on Twitter  
Join Us on Facebook  
Connect with Us on Linked In

To find us on Twitter, Facebook & Linked In,  
visit our Website's Home Page and  
click on the desired link.

### Board Members

Officer/President  
Officer/Secretary  
Office/Treasurer  
Directors / Board of Directors

### Non-Board Member Volunteers

Outreach Coordinator (Facebook)  
Outreach Coordinator (Twitter)  
Outreach Coordinator (Linked In)  
Project Coordinator (SpeakingOut Recipe Book)

## Attention ALL Adults



*Estimated that 95% of children  
who are sexually abused know the abuser,  
and in many cases, loves & trusts that person.*



## Contribution Statements Mailed

### 2013 Charitable Contribution Statements

were mailed out to all Donors during the month of January.  
If for some reason you did not receive your expected Charitable  
Contribution Statement for 2013, please let us know.

***Thank you for your support in 2013! We Appreciate You!***

Please consider including SpeakingOut in your 2014 Giving as well. We need your support  
again this year in order to continue with our Mission & Vision for SpeakingOut.